# Some recent publications include ...

## Breast Feeding, Fertility and Contraception

Contains information on the relationship between breast feeding and contraception. Includes discussion on the physiology of lactation, and theories on how suckling inhibits ovulation.

#### Periodic Abstinence for Family Planning

Produced in response to a need expressed by medical personnel to outline a basic knowledge of the methods of periodic abstinence and their effectiveness.

### **Directory of Hormonal Contraceptives**

A comprehensive directory of the hormonal contraceptives available in countries throughout the world with a population of over 100,000.

#### Sterilization Procedures wallchart

Published in 1988 following the success of the first medical wallchart on the IUD. Illustrates the methods and counselling approaches appropriate for male and female sterilization.

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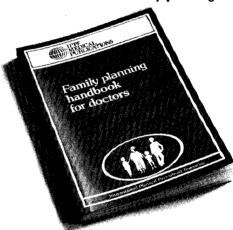


# Announcing the publication of the sixth edition of the IPPF Family Planning Handbook for Doctors



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Federation, the *Family Planning Handbook for Doctors* is one of the most useful, authoritative reference sources in the field of family planning.





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## **Useful and Authoritative**

The sixth edition of the IPPF Family Planning Handbook for **Doctors** is one of the most useful, authoritative reference sources in the field of family planning. Information on the methods of family planning and subjects surrounding contraception continues to increase. Because of this the book has been expanded substantially.

# Several New Chapters

In this latest edition of a reference book which was first published in the 1960s, several new chapters have been added.



Breast feeding as it relates to fertility and contraception is the subject of one of the new chapters. Lactation still plays an important role in birth spacing in many parts of the world, and its practical aspects in connection with fertility are covered in some detail.



Adolescents, as well as older women in the decade before the menopause, pose problems in the choice of contraception. This new chapter addresses the particular difficulties both groups, and those advising them, may encounter when choosing a suitable method of contraception.



Long-acting hormonal contraception has asserted itself as a major new consideration, demanding a separate chapter. Of course, oral contraception occupies its own substantial chapter.



Post-coital contraception, briefly mentioned in earlier editions, now warrants its own chapter, following the development of the 'morning after' Pill.

For those working in the field of family planning the **Family Planning Handbook for Doctors** includes a new chapter on statistical terms, and the previous chapter on community based distribution new incorporates a section on social marketing as a means of distributing contraceptives.

## Counselling

Much stress has been laid throughout the book on the importance of counselling potential users of all forms of contraception. There is also a major chapter on this crucial area – recognizing the need for readily accessible information for all medical professionals involved with family planning.

Although it is primarily addressed to doctors, all members of the family planning team, including midwives, nurses and paramedical workers, will find the book useful. As a source of reference for the latest information in 1988 about all forms of contraception, the book will find a place in clinics and doctors' surgeries and offices. Because of its wide readership, and because it will be referred to constantly, we call the *Family Planning Handbook for Doctors* the 'medical reference book that's always open'.



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