

**INSTITUTE for  
DEVELOPMENT TRAINING**



*The IDT goal is to improve  
health care in developing  
countries through relevant  
training programs.*



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# INSTITUTE

BANGLADESH • EGYPT • SRI LANKA • NEPAL •

## ***Why Was IDT Formed?***

Many years of experience assisting projects in numerous countries has enabled the Institute for Development Training's core staff to identify common problems associated with in-country training programs. The more prevalent are:

- an acute shortage of well-trained health personnel at the local community level;
- a lack of uniform content in training materials and a lack of systematic delivery of training for all levels of health providers;
- an unmet demand for cost- and time-effective, culturally appropriate training materials in local languages;
- a need for quality control and greater proficiency in family planning and women's health care curricula and training programs; and
- a lack of standardized materials for meeting the specialized training requirements of different levels of practitioners.

IDT was formed to help solve locally identified problems and needs.



## ***How Does IDT Work?***

IDT works in cooperation with organizations or governments in developing countries. Three kinds of assistance are available:

- 1) Training materials and aids to meet country-specific training needs are designed and produced;
- 2) In-country workshops are conducted to assist local groups to develop new training materials, to adapt and translate existing materials, or to teach trainers how to use materials effectively;
- 3) Prototype training materials for use in developing countries are produced and distributed.

# E for DEVELOPMENT

PHILIPPINES • PAKISTAN • ZAIRE • KENYA • INDI

Requests for IDT's technical assistance are initiated by interested individuals, organizations or countries. Meetings are then set up between IDT staff and host-country nationals to identify specific needs, to design the program, to plan strategies to solicit and coordinate project funding support, and to assign management responsibilities for the project.



### *Examples of Recent IDT Projects*

**PAKISTAN:** Developed model for revising a training course for government health workers.

**SRI LANKA:** Conducted a multi-agency workshop to develop training materials for family planning workers.

**PHILIPPINES:** Designed and field tested family planning self-instruction manuals for physicians and nurses.

**EGYPT:** Developed a guide for trainers and selected teaching aids to augment government family planning refresher training.

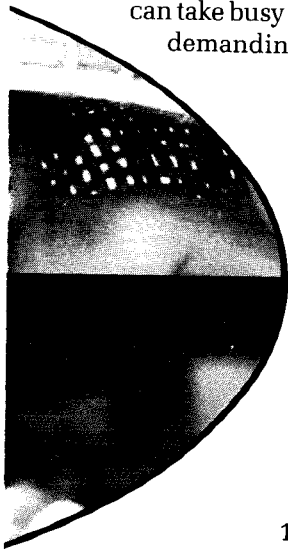
*For more information, contact IDT at 1-800-451-4242.*

# ENT TRAINING

A • SUDAN • INDONESIA • YEMEN • THAILAND

The key to IDT's success is its ability to produce and adapt training materials to meet the specific needs, customs, and conditions found in diverse cultural situations around the globe.

IDT, which develops materials for both pre-service and in-service training, stresses using methods which provide a rapid and widespread system of training. Our aim is to provide alternative ideas and programs which can minimize expensive, time-consuming, and logistically complex training seminars or conferences which can take busy health care workers away from demanding daily routines.



## ***How Are IDT's Training Materials Developed?***

The typical process for developing training materials in conjunction with a local country organization would generally include the following:

- 1) Specific needs and the target audience are identified;
- 2) Content to meet training objectives is selected;
- 3) An appropriate training strategy is decided upon;
- 4) A course of instruction is developed;
- 5) An in-country field test with target learners is arranged;
- 6) Necessary program revisions, based on the results of field testing, are made prior to production of the final training materials.

### ***What Is IDT?***

IDT's purpose is to help address issues related to inadequate health care in developing countries. Its particular focus is on improving health care for women through relevant training programs.

IDT is a small non-profit organization which specializes in:

- designing and developing a wide range of health training materials, especially those related to women's health care and family planning;
- creating basic teaching aids for all levels of trainers and health care workers;
- providing technical assistance to teach trainers how to design and deliver basic training materials;
- assisting developing country programs to plan and develop trainee focused and culturally suitable materials

The IDT staff and consultants link knowledge of up-to-date training technology with years of first-hand work experience in developing countries. A prime objective is to provide current information in an attractive, easy-to-use training format that can be transferred readily to a network of learners.

**PHILIPPINES • PAKISTAN • ZAIRE • KENYA • INDIA**

### ***Current Worldwide Project***

IDT has developed an expanding self-instructional curriculum titled "Training Course in Women's Health." This is a series of PROTOTYPE MODULES, each of which addresses a different topic related to women's health care. Trainers' guides and a package of resource materials and aids enhance the training modules. Each module contains standard medical information, but each is designed so that it can be adapted to meet the varying needs of different target learners in diverse medical and cultural situations. To adapt and translate these modules, IDT conducts in-country workshops—designed in cooperation with local organizations—for health professionals. Once the modules are translated and adapted, they can be used as an inexpensive method for systematic training and self-teaching of health workers. Workshops to adapt the modules for different levels of health workers and to translate the training course are planned for various developing countries. The modules are currently available in English, French, Spanish and Arabic.

### ***How Is IDT Supported?***

IDT's support comes from several sources: foundation grants, grants or contracts from international agencies and private voluntary organizations, and agreements with cooperating governments.

For additional information, contact:

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